Spring Cleaning CHECKLIST



DAILY

- Take out trash
- Declutter
- Clean countertops
- Disinfect light switches, door knobs, fridge handles, and faucets
- Disinfect bathroom sink
- Make beds
- Sort mail
- Sweep floors
- Wash dishes
- Clean dining room table

WEEKLY

- Disinfect trash bin
- Disinfect kitchen sink
- Clean fridge shelves and throw away expired food
- Mop & vacuum floors
- Clean mirrors and glass surfaces
- Dust furniture
- Clean & disinfect toilet
- Do laundry

MONTHLY

- Clean windows
- Clean bedroom linens
- Scrub kitchen backsplash
- Clean oven
- Deep clean kitchen appliances such as refrigerators and microwaves
- Clean showerheads and shower curtains
- Clean blinds/curtains
- Polish and shine wood furniture
- Unclog and disinfect drains

